



Therapeutic Recreation

805 Central Avenue, Suite #800

Cincinnati, Ohio 45202

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The Cincinnati Recreation Commission's THERAPEUTIC DIVISION invites you to participate in our spring and summer programs!

The programs identified in this guide are designed to meet the needs and interests of individuals with mental, physical, learning and emotional disabilities. In addition to these Therapeutic Recreation programs, individuals with disabilities are welcome to participate in any Cincinnati Recreation Commission program through our Inclusive Services. The TR staff will assist you in identifying programs, registering and requesting accommodations. Please call the TR Division at (513)352-4028 for more information concerning inclusive programs.

- **Location:** Please see page 17 for addresses for each of the program locations.
- **Min/Max#:** Represents the minimum number of participants and the maximum number of participants within a program.
 - > All programs must have a minimum of 5 participants registered prior to the start date. If there are not 5 participants registered the program will be cancelled.
 - > If a program has reached its capacity you will be placed on a waiting list.
- **Code:** The code simply helps us to process registration forms at a quicker pace.
- **Registration Deadline:** Please pay close attention to these dates. We will not accept applications after the deadline.
- **Resident/Non-Resident:** You do not have to live within the City of Cincinnati to participate in our programs, though we do charge a slightly higher rate for those who live outside the city limits. See page 17 for more information.

Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, national origin or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call in advance if you require special accommodations.



Cincinnati Recreation Commission

Inspiring Today. Strengthening Tomorrow.



Therapeutic Recreation Spring & Summer 2006

Program Guide

Program & Registration Information for April - September, 2006

*Here's what's
inside!*

***Summer Day Camp
& NEW Program
Information!***

***Dated Material,
Please do not disregard!***

www.cincyrec.org

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Road Map to Therapeutic Recreation Services

Start Here

This road map will provide you with a brief overview by age of the programs and services provided through the Division of Therapeutic Recreation. Please be sure to see the program description within the pages of this program brochure! Individuals with disabilities are not limited to therapeutic recreation services. If you are looking to add a little flavor to your leisure lifestyle... try your hand at inclusion!

Happy Hiking through the variety of adventures we have to offer. Grab your gear and join the fun with the Cincinnati Recreation Commission! Take the path which provides you with the most enjoyable recreation experience.

Pre-School/Kindergarten (ages 3-5)

*age criteria varies with program

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Youth (ages 6-12)

*age criteria varies with program

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Teens (ages 13-17)

*age criteria varies with program

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• Track and Field Clinic, BlazeSports (NEW!)	4
• Unified Kickball	6
• Wheelchair Football, BlazeSports	4
• Wheelchair Tennis, BlazeSports	4
• Wheelchair Tennis Camp, BlazeSports	4

Adults (18 and older)

*age criteria varies with program

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• Accessible Group Golf Lessons	5
• Accessible Individual Golf Lessons	5
• Adapted Golf Clinic	5
• Aquatics, Adapted	3
• Aquatics, Arthritis	3
• BB Riverboat Cruise	8
• Cincinnati Wheelchair Games	4
• Family Sporty Spokesters (NEW!)	4
• Get Real! Get Fit! (NEW!)	6
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Other recreation opportunities are listed @ www.cincyrec.org

Get Acquainted

with the Full-Time Therapeutic Recreation Staff!



Stephanie M. Knarr, CTRS • Service Area Coordinator • (513)352-4055 • stephanie.knarr@cincinnati-oh.gov
Stephanie has been supervising the Division for approximately 1-1/2 years. She began her career with CRC in 1997 as a field staff working various TR programs. As a full-timer she has specialized in the area of inclusion and disability awareness. Prior to her days at CRC she worked at the Children's Hospital Medical Center on the inpatient adolescent psychiatry unit as a Recreation Therapist. She received her undergraduate degree from Northern Kentucky University in Physical Education, and her graduate degree from Indiana University in Therapeutic Recreation. Away from work, Steph enjoys being with her family; husband Rob and children Lauryn, Mitchell and Nathan.



Alayne M. Kazin, CTRS • Program and Inclusion Coordinator • (513)352-4945 • alayne.kazin@cincinnati-oh.gov
Alayne has worked for CRC for 4-1/2 years. She has spent most of her career in clinical settings working with people with various types of disabilities including physical, psychiatric, behavioral and cognitive. Alayne has experience in working with people of all ages. She has an undergraduate degree from Indiana University and a graduate degree from the Ohio State University. Alayne is active in professional associations and enjoys sailing during the spring, summer and fall.



Terry Mongenas • Program and Inclusion Coordinator • (513)352-4015 • terry.mongenas@cincinnati-oh.gov
Terry has been with CRC since 1989. She has worked as a Recreation Leader, Program Director, Pool Manager, Community Center Director, and today is a Recreation Program Coordinator. Terry worked 10 years in the Adapted Aquatics Program at Mt. Auburn Pool and holds a certification as a Master Teacher of Adapted Aquatics. Since becoming a Program Coordinator in 2001 she has changed her focus from the water to helping improve the staff and programming in our division. Terry enjoys antiquing and camping in her free time.



Dawn M. Bocklett, CTRS • TR Program/Inclusion Specialist • (513)352-4629 • dawn.bocklett@cincinnati-oh.gov
Dawn has been with CRC since 1998. She began her career as an intern in 1998 and stayed on as a Recreation Leader and Program Director. In 2001, Dawn was promoted to a full-time position as a Therapeutic Recreation Program/Inclusion Specialist specializing in various TR Programs, adult programming, inclusion, disability awareness, and adapted aquatics. She received her undergraduate degree from Eastern Kentucky University in Therapeutic Recreation. Dawn enjoys spending her free time with her husband Bill, daughter Kira Nicole, and friends.



Brittany Guilfoil-Sutphin • TR Program/Inclusion Specialist • (513)352-4971 • brittany.guilfoil@cincinnati-oh.gov
Brittany has been with CRC since 1997. She began her adventure as a lifeguard and an adapted aquatics instructor. Since she became a full-timer 3 years ago she has branched out to take on new responsibilities such as inclusion, adult programming, and disability awareness. Most recently she has partnered up with one of our community centers to offer an inclusive pre-school program. Brittany has taken courses at University of Cincinnati and continued on to Cincinnati State where she majored in the Interpreter Training Program specializing in American Sign Language. When she is not working she enjoys being a mom to her daughter Ava.



Aysha McRoberts, CTRS • TR Program/Inclusion Specialist • (513)352-4962 • aysha.mcroberts@cincinnati-oh.gov
Aysha has been a part of the CRC team for a little over 3 years. She started as an intern in the fall of 2002 and transitioned into a Program/Inclusion Specialist in March of 2003. To her credit Aysha has done various work with organizations in the Cincinnati area, such as Starfire Council, Ohio Valley Residential Service and Hamilton County Board of MRDD. Aysha is a nationally certified Therapeutic Recreation Specialist and enjoys serving the various populations that she has had the opportunity to work with. She received her B.S. in Recreation Administration with an Emphasis in Therapeutic Recreation from Missouri Western State University in St. Joseph, MO. Aysha is a native of St. Louis, MO and is currently in school working on a second degree.



Karen Schissler • TR Program/Inclusion Specialist • (513)352-4056 • karen.schissler@cincinnati-oh.gov
Karen has been with the Cincinnati Recreation Commission since 1994. She started as a volunteer at the Westwood Town Hall Therapeutic Recreation Summer Day Camp. Karen advanced to part-time status in 1995, and in 2003 she became a full-time Program/Inclusion Specialist. Throughout the 12 years, Karen has been involved with many recreation programs, and has worked as a day camp leader and director, adapted aquatics instructor, fitness instructor, basketball coach, and Winners On Wheels director. Currently, she is the director of BlazeSports Basketball, Youth Empowerment Social, Disability Awareness, Adult Outings, and the Spring Fling Dance. Karen is also our Volunteer Coordinator and Inclusion Specialist in the East Region of Cincinnati.



Ann-Marie Stuart, CTRS • TR Program/Inclusion Specialist • (513)352-2549 • annmarie.stuart@cincinnati-oh.gov
Ann-Marie has been with CRC since September. After having worked in Marketing for 15 years she decided to pursue a more fulfilling career and graduated in Recreational Therapy this past May from the College of Mount Saint Joseph. Ann-Marie has her experience in clinical settings and is now getting her feet wet with CRC in a community setting. Ann-Marie is from Cincinnati and when not working enjoys spending time with her niece Allie who lives with her, and her parents who are also in town.



Sandy Cloud-Heyob • Office Manager • (513)352-4028 • sandy.cloud-heyob@cincinnati-oh.gov
Sandy is the Office Manager for the TR Division. She has been with TR for 2 years. Prior to her arrival she worked for 9 years with the CRC Athletics Division. While in the office Sandy helps keep our division organized and running smoothly. She also handles all of our program registration and strives to provide excellent customer service to the public. Sandy has a unique background in design, studying Interior Design at the Ohio Visual Arts Institute. She enjoys spending her free time decorating indoors and out (gardening/landscaping).

Summer Day Camp Programs

Therapeutic (TR) Summer Day Camps

The Therapeutic Recreation Day Camps provide well planned, appropriate activities designed to promote the development of motor skills, social skills, self-help and other related areas. Programs include swimming, sports, games, crafts, music, field trips and other fun activities. Participants should bring a packed lunch each day. Our specialized camps serve primarily teens, though we invite youth with physical disabilities because of the level of personal care needed during the day. The fee for this nine-week day camp program is \$350 for city residents and \$460 for non-residents (see Registration Information section for further details).

TR Summer Day Camps are held Tuesday through Friday, from 10 a.m. to 3 p.m.
Camp begins Tuesday, June 20 and continues through Thursday, August 17 (no program on 7/4).

Camps Offered

<u>Code</u>	<u>Location</u>	<u>Ages</u>	<u>Min/Max</u>	<u>Fee</u>
WT06	Westwood Town Hall	13 – 18	5/18	\$350 / \$460
MA06	Madisonville Community Center	13 – 18	5/18	\$350 / \$460
*CH06	College Hill Community Center	6 – 18	5/14	\$350 / \$460

* The College Hill Day Camp is for children and teens with physical disabilities that use wheelchairs & walkers. If you have questions concerning the most appropriate placement, please call us at (513)352-4028.

Inclusive Day Camps ~ Ages 6 – 12 Inclusive Teen Camps ~ Ages 13 – 15

The Cincinnati Recreation Commission provides inclusive day camp/teen camp opportunities for children and teens with disabilities (ages 6 -12 & ages 13-15) by including them in day camps/teen camps for children & teens without disabilities. These youth and teen camps are offered at a variety of community centers located throughout the city, and are held Monday through Friday with extended hours available (7 a.m. to 6 p.m. at most locations). Because of the length and duration of the inclusive day camps, the fee is substantially higher than the rates listed above for the TR day camps. A wide variety of activities are offered, including crafts, sports, swimming, field trips, theme days and more.

- If you are interested in finding out more information about these camps, please contact the community center in your neighborhood or visit our web site at www.cincyrec.org.
- Please Note: Some Cincinnati Recreation Commission camps fill to capacity very early. Please call as soon as possible to begin the registration process. By registering early we are able to do a more thorough assessment to ensure the necessary accommodations.
- We ask parents/guardians to thoroughly research each facility (i.e. review logistics and do a site visit) to determine if the program structure is a good fit for your child/teen.
- When registering your child for camp, please request an accommodation for your child. The center staff will contact the TR Inclusion Team who will complete an assessment, provide on-going support for inclusion placements, and assist center staff in providing for the needs of your child.

THANK YOU!

Special thanks to CITE Services for the on-going inclusion support throughout the summer. It is our pleasure to collaborate with you in providing individuals with disabilities with successful recreation placements. CITE Services was a nominee for the 2005 Inclusion Leadership Awards for their dedication to include people with disabilities into the community.

Adapted Aquatics & Instructional Swim Programs

Our year-round warm water swimming pool is located at the Mt. Auburn Community Center. This facility has been renovated for improved accessibility, with accessible parking, showers, toilet stalls, and an assisted dressing room. Several water entries and exits are available, including a pool chair lift and "easy ladder" with hand railings. The water temperature is maintained at a comfortable 89 degrees. Our programs are designed to include all ability levels, incorporating the TR Sequential Swim Progression and the "Dolan Method" for individuals with autism. Lessons are offered Tuesdays and Saturdays. If you have questions about the appropriate swim level or time, please call Brittney at (513)352-4971.

Please Note:

- Children under the age of 5 are encouraged to register for the Parent and Child Aquatics Program prior to participating in the Adapted Aquatics Program.
- Advanced classes are for participants interested in improving their swim strokes and endurance. Participants must be capable of swimming 25 yards (length of pool) on front and back, able to perform safety skills in deep water, and able to work in small groups (2 to 4 swimmers).

Please indicate your preferred program name, code and time on the Program Registration Form, pg.15 & 16.

Adapted Aquatics Spring Session

	<u>Beginning & Intermediate Levels</u>	<u>Advanced Level</u>
Tuesdays:	4:30 – 5:15 p.m. or 5:15 – 6:00 p.m.	6:00 – 6:45 p.m.
Code:	AATS06	AATS06
Saturdays:	10:00 – 10:45 a.m. or 10:45 – 11:30 a.m.	11:30 a.m. – 12:15 p.m.
Code:	AASS06	AASS06
Begin/End:	March 21 – May 27	March 21 – May 27
Cancellations:	April 11 & 15	April 11 & 15
Min/Max#:	5/9	5/9
Fee:	City Resident \$80 • Non-Resident \$90	City Resident \$50 • Non-Resident \$60

Arthritis Aquatics

The Arthritis Aquatics program is designed by the National Arthritis Foundation to allow individuals with arthritis to exercise in a supportive, low resistance environment. Please consult your physician prior to registration. People with severe or multiple joint problems or those who have had joint surgery, are encouraged to talk with their doctors regarding any special precautions or limitations.

Guidelines to the program:

- Have functional and comfortable shoulder/elbow motion.
- Able to tolerate 5 minutes of movement in the water, or 15 minutes standing or walking on land without excessive pain, fatigue or shortness of breath.
- Require no more than minimal assistance to enter or exit the pool.
- Feel comfortable and confident in water.

	<u>Spring Session</u>	<u>Begin/End</u>	<u>Cancellations</u>
Tuesdays:	3:15 – 4:00 p.m.	March 21 – May 23	April 11
Thursdays:	2:15 – 3:00 p.m.	March 23 – May 25	April 13
Fridays:	1:15 – 2:00 p.m.	March 24 – May 26	April 14
Code:	AR06		
Fee:	\$20 (10 classes) • \$36 (20 classes)		
	<u>Summer Session</u>	<u>Begin/End</u>	<u>Cancellations</u>
Tuesdays:	3:15 – 4:00 p.m.	June 20 – August 15	July 4
Thursdays:	2:15 – 3:00 p.m.	June 22 – August 17	None
Code:	AR06		
Fee:	\$20 (10 classes) • \$36 (20 classes)		

Parent and Child Aquatics

This program is designed to introduce infants and toddlers, ages 6 months through 5 years, to the water and basic safety skills. The program is open to children with and without disabilities. A parent or caregiver will be required to assist the child in the water. Children under age 5 are encouraged to participate in the Parent and Child Aquatics Program prior to participating in the Adapted Aquatics Program.

	<u>Spring Session</u>	<u>Begin / End</u>	<u>Cancellations</u>
Saturdays:	9:00 – 10:00 a.m.	March 25 – May 27	April 15
Code:	PCAS06		
Fee:	\$30		

PLEASE NOTE: There will be NO Summer Session of Adapted Aquatics. Typical swim lessons and swim teams are available at numerous pools throughout the city. For more information, go to www.cincyrec.org or please call Brittany at (513)352-4971.

BlazeSports Club Cincinnati & Wheelchair Sports



BlazeSports Club is a national community-based sports and fitness program for children and adults with physical disabilities and visual impairments. BlazeSports is a direct legacy of the 1996 Atlanta Paralympic Games, the first Paralympics ever held in the United States. The program is a multi-level sports program of instruction, competitions, teams, camps and education.

For more information visit www.blazesports.com

BlazeSports Club Cincinnati

By becoming a member of the BlazeSports Club Cincinnati you will be notified of all upcoming sports clinics and special events.

It's easy and FREE to become a member! Please contact us at (513)352-4028 if you're interested!

The programs listed below are available for participants with physical disabilities and visual impairments, beginner to advanced skill levels. Participant eligibility is 5 years and older.

<u>Clinics</u>	<u>Location</u>	<u>Date</u>	<u>Time</u>	<u>Cost</u>	<u>Code</u>
Track and Field Clinic	Location TBA	Saturday, April 29	10:00 a.m. – 1:00 p.m.	\$10.00	BTF06

This program will provide instruction in wheelchair racing techniques and adapted field events. All athletic abilities are encouraged to participate. If you are interested in participating in the Cincinnati Wheelchair Games, this is a great way to get in shape!

Hand Cycling Clinic	Lunken Playfield	Saturday, May 20	10:00 a.m. – 1:00 p.m.	\$10.00	BHC06
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Have you always wanted to go cycling? This is a great opportunity to learn the basics of recreational hand cycling and have some fun! Hand cycles will be available for adults and children. Bring your family and their bikes! Lunch will be provided.

Wheelchair Sports

Wheelchair Tennis

Ages: 5 and older
 Days: Tuesdays and Thursdays
 Begin/End: April 4 – September 28
 Cancellations: August 17
 Time: 6:30 – 8:30 p.m.
 Location: Sawyer Point Tennis Courts at Bicentennial Commons
 Min/Max#: 5/Unlimited
 Code: WCT06
 Fee: City Resident \$40 • Non-Resident \$50

Wheelchair Tennis Camp

This is a nationally recognized camp offering skill instruction to players of all levels. High quality instruction is provided by Brad Parks, Bal and Marcha Moore, Byron Trapp and Jim Rackett. This three day camp includes a trip to the Tennis Masters Series of Cincinnati!

Ages: 5 and older
 Dates: August 18, 19 and 20
 Location: Queen City Racquet & Fitness Club
 Code: WCTC06
 Fee: \$125 (Scholarships are available)

We are looking for volunteers for this program!

Wheelchair Football

Ages: 7 and older
 Day: Saturdays
 Begin/End: March 25 – May 27
 Cancellation: April 15
 Time: 10:15 a.m. – 12:00 p.m.
 Location: Pleasant Ridge Community Center
 Code: BSF06
 Fee: City Resident \$10 • Non-Resident \$15

We are looking for volunteers for this program!

Family Sporty Spokesters

In the spring, summer and fall we are offering the opportunity for individuals with physical disabilities to experience the fun of hand cycling! Thanks to anonymous donors, we have 5 hand cycles available at Lunken Playfield! This is a great opportunity for family and friends to learn a new recreational activity together while enjoying the scenic 5.6 mile bike path at Lunken. The cycles will be available by reservation on Monday and Wednesday evenings, and Saturday and Sunday mornings. Please call (513)352-4028 a day in advance to make reservations (Sunday reservations need to be made by Friday afternoon). **If family members and friends prefer to rent a bicycle, rentals are \$8.00 per hour (available through September).**

Days: Monday & Wednesday (5:00 p.m. to dusk)
 Saturday & Sunday (9:00 a.m. to 1:00 p.m.)
 Begin/End: April 3 – October 30
 Location: Lunken Playfield
 Code: OHC06
 Fee: FREE ! FREE! FREE!

The Cincinnati Wheelchair Games

This special event will offer competitive and non-competitive wheelchair sporting events. Athletes will experience a variety of sports such as track, field, tennis, football, basketball, hand cycling, corn hole and golf. This is also a good opportunity to meet and make new friends! Athletes will receive points for each event in which they participate. Prizes will be awarded for the number of overall points and sportsmanship. Everyone who participates will receive a medal!

Ages: 5 and older
 Date: Saturday, May 6
 Time: 10:00 a.m. – 4:00 p.m.
 Location: Sycamore High School
 Code: CWG06
 Fee: \$10

We are looking for volunteers for this program!

Let's Go Golfing!

The Cincinnati Recreation Commission and Billy Casper Golf are the proud recipients of a grant funded by the United States Golf Association. The purpose of this grant is to improve accessibility on the golf courses within the City of Cincinnati, and to provide golf programming for individuals with disabilities through the implementation of golf clinics, group golf lessons and reduced rate individual lessons. We currently have three single-rider golf carts which can be used by individuals with any type of mobility impairment (not limited to wheelchair users). We also have adaptive golf clubs. These clubs are designed to be used from a seated position (i.e. wheelchair or accessible golf cart). The clubs will be available for use at clinics, lessons, or at the golf course you select. For more information about our accessible golf program, please call Alayne at (513)352-4945!



Accessible Golf Program

Spring Golf Clinic for Individuals with Cognitive Disabilities

Have you always wanted to play golf? This is a great opportunity to learn the basics of the game and have some fun! Participants will be divided into beginner and intermediate groups and have instruction with PGA pros on driving, chipping and putting on the course. Lunch will be provided. This program is Co-Sponsored by the Hamilton County Special Olympics.

Ages: 5 and older
Date: Saturday, March 25
* Rain or inclement weather date April 8
Time: 10:00 a.m. – 2:00 p.m.
Location: Dunham Golf Course
Min/Max#: 5/30
Code: GC06
Fee: \$10
Registration Deadline: Friday, March 17

BlazeSports Golf Clinic for Individuals with Physical Disabilities & Visual Impairments

Golf is a lifetime fitness activity! Would you like to improve your game? Join us for our third BlazeSports Clinic and have some fun! Participants will be divided into beginner or intermediate groups and will work with PGA pros to learn and improve skills on the course. Adaptive equipment will be available for use. Lunch will be provided.

Ages: 5 and older
Date: Saturday, October 7
Time: 10:00 a.m. – 2:00 p.m.
Location: Reeves Golf Course / Lunken
Min/Max#: 5/30
Code: BGC06
Fee: \$10
Registration Deadline: Friday, September 29

We are looking for volunteers for this program!

Accessible Golf Mini Clinics

If you have been to our day clinic or want golf instruction in a smaller setting our mini clinics are for you! The mini clinic is for all levels of play and will take place at the driving range and on the golf course. You can sign up for one or for the whole series. Adaptive equipment will be available. PGA pros will teach the clinic. Bring your own clubs or use clubs provided.

Ages:	5 and older	
Day/Dates:	Saturdays –	
	May 6	Putting
	May 20	Chipping
	June 3	Irons and Play
	June 17	Woods
	July 8	Stroke Review
	July 22	Play Golf
	August 5	Play Golf
	August 19	Play Golf
Time:	2:00 – 3:00 p.m.	
Location:	Reeves Golf Course	
Code:	GGL06	
Fee:	\$10 per clinic • \$40 for 6-8 clinics	

Registration Deadline:

You must be registered a minimum of one week prior to each mini clinic.

A minimum of 5 participants must sign up for each class. Each class is limited to 15 participants.



Accessible Golf League

If you are ready to join others on the course and would like to play on a weekly basis, a new golf league is forming for people with disabilities. Adaptive carts and equipment will be available. For more information or to obtain the names of our PGA Pros at CRC courses, please call Alayne at (513)352-4945.

Accessible Individual Golf Lessons

These lessons are for anyone who would like to work individually with a PGA Pro at a CRC course near their home! Lessons can be arranged with a specific pro that has experience working with individuals with disabilities. You can arrange for as many or as few sessions as you like! The fee is \$20 per half hour. For more information or to obtain the names of our PGA Pros at CRC courses, please call Alayne at (513)352-4945.

Sports

Miracle League of Greater Cincinnati

CRC is proud to announce our affiliation with the Miracle League Association! The Miracle League is a national association whose goal is to provide opportunities for children with physical and cognitive disabilities to play baseball regardless of their abilities. The Miracle League is designed to give every child the chance to play baseball. The rules are simple. Everyone hits, everyone gets on base and everyone crosses home plate. Adaptive equipment and on-field assistance with "buddies" ensures participation and fun for everyone!

Ages: 5 and older
Day: Saturdays
Begin/End: April 22 – July 15
Cancellations: May 27 and July 1
Time: 10:00 a.m. to Noon
Location: Salway Ball Fields
Banquet Date: July 22 at The Grove, 10:00 a.m. – 2:00 p.m.
Code: ADB06
Fee: City Resident \$15 • Non-Resident \$20

We are looking for volunteers for this program!

Unified Kickball

Get out, have fun and meet some new people! CRC's unified, co-ed team will consist of teens with and without disabilities who enjoy this traditional game. Show off your skills each Monday when playing a game against another team. You will need to pack a lunch because we will also be spending some extra time together doing other fun activities. All participants must be willing to kick, catch, and throw a ball. Sign up now and get involved in a classic game with some new and old friends!

Ages: 12 – 16
Day: Monday
Begin/End: June 19 – July 24
Time: 10:00 a.m. – 1:00 p.m.
Location: Dunham Recreation Complex
Code: UKBS06
Fee: \$5
Registration Deadline: Friday, June 2

We are looking for TEEN volunteers for this program!

Get Real! Get Fit!

Here is a unique opportunity for participants to learn more about health and fitness. This six-part series will introduce teens and young adults to the benefits of exercise, health and nutrition. Staff from Children's Hospital will give participants the basic knowledge to make healthy lifestyle choices. Once participants receive this base of knowledge, they may then be more actively involved in activities to promote a healthy lifestyle – weight training, yoga, Pilates, karate, dance and walking!

Ages: 13 – 25
Day: Friday
Begin/End: April 7 – May 19
Time: 4:30 – 6:00 p.m.
Location: Mt. Washington Community Center
Code: FIT06
Fee: City Resident \$10 • Non-Resident \$15
Registration Deadline: Friday, March 31

George Foster Baseball Clinic

Now is your chance to meet a Baseball Legend! George Foster hosts this annual event with the help of the Cincinnati Recreation Commission. This is a wonderful opportunity for youth and teens with disabilities to participate in the great sport of baseball with their non-disabled peers. Additional staff will be provided to support each child/teen in this inclusive event. Register early because this program fills quickly! Teens who participate should have basic knowledge/skills. All youth are welcome!

	<u>Youth (ages 8-12)</u>	<u>Teens (ages 13-18)</u>
Date:	Saturday, June 24	Friday, June 23
Time:	9:00 a.m. – 3:00 p.m. (Lunch Included)	6:00 – 9:00 p.m.
Location:	Oakley Ballfields	Schmidt Ballfields
Code:	GFYB06	GFB06
Fee:	Free!	Free!

Reds Rookie Success League

The Reds Rookie Success League is a non-competitive, co-ed, character-building summer baseball league targeting youth ages 8-11. This six-week program stresses valuable life lessons while utilizing the game of baseball as the delivery vehicle. Participants meet twice weekly for six weeks, and receive mentoring and basic baseball fundamentals from volunteer coaches. Kids with disabilities who participate will receive additional support for this program.

Register early – this program fills up quickly!

	<u>Youth (ages 8-9)</u>	<u>Youth (ages 10-11)</u>
Days:	Tuesday and Thursday	Tuesday and Thursday
Dates:	June 27 – August 3	June 27 – August 3
Time:	10:00 a.m. – 12:30 p.m. (Lunch Included)	12:00 – 2:30 p.m. (Lunch Included)
Location:	Schmidt Ballfields	Schmidt Ballfields
Code:	RR106	RR206
Fee:	Free!	Free!

Sayler Park Inclusive Walking Club

The Sayler Park Walking Club meets at the Sayler Park Community Center on weekday mornings and evenings. The group walks for approximately one hour. This is a great program to get your blood flowing and possibly take off a few pounds! If you are interested in joining the club, a center membership is required. The cost of a yearly membership is: Adults \$15, and Seniors (over 50) \$8. Memberships may be purchased at the center. Participants will experience both socialization opportunities and improved fitness in this inclusive program.

Ages: 18 and older
Days: Monday, Wednesday and Friday Mornings
Dates: March 20 – August 25
Time: 8:30 – 9:30 a.m.
Location: Sayler Park Community Center
Code: SPWC06
Fee: Center Membership

NEW!

Send us your e-mail address & take advantage of our e-mail announcements!

To cut costs we will no longer be mailing flyers to promote upcoming events. We will be taking advantage of the current technology and will send e-mail announcements. The announcements will include valuable information about upcoming programs and "spontaneous" events. You can also check out our website @ www.cincyrec.org for up-to-date program information. If you are interested in being on our e-mail distribution list, please call Terry Mongenas at (513)352-4015, or send her an e-mail to terry.mongenas@cincinnati-oh.gov.

Dances / Social & Leisure Programs

Dances

Come and celebrate spring and summer by dancing to the music and socializing with friends! Participants will have the opportunity to improve life skills such as socialization, communication, and how to display appropriate public behavior. Snacks and drinks will be provided. **Please Note: These are casual dances, dinner will not be served.**

Spring Fling Dance

Ages: 18 and older
Date: Friday, March 31
Time: 7:00 – 9:00 p.m.
Location: Madisonville Community Center
Min/Max#: 20/75
Code: SF06
Fee: City Resident \$10 • Non-Resident \$12
Staff/Aide – No Charge
Registration Deadline: Friday, March 24

Parrot Head Dance

Ages: 18 and older
Date: Friday, July 21
Time: 7:00 – 9:00 p.m.
Location: Dunham Recreation Complex
Min/Max#: 20/75
Code: PHD06
Fee: City Resident \$10 • Non-Resident \$12
Staff/Aide – No Charge
Registration Deadline: Friday, July 14

Social & Leisure Programs

Music and Movement

Looking to learn a little about music and dancing? The new Music & Movement Program is just the place to go! This 8-week program will focus on teaching basic music skills through a weekly theme. Each participant will learn to play a song using musical instruments and sign language. On May 8, the group will use their new talents to perform in a short concert. So come and get your groove on!

Ages: 5 – 12
Day: Mondays
Begin/End: March 13 – May 8
Time: 4:00 – 5:00 p.m.
Location: Westwood Town Hall
Min/Max: 5/10
Code: MAM06
Fee: City Resident \$ 10 • Non-Resident \$15
Staff/Aide – No Charge
Registration Deadline: Monday, March 6

Movie & Pizza Nights

Come join us for a relaxing night at the community center! We'll watch a good movie and have some great tasting pizza. Participants will have the opportunity to improve life skills such as socialization, communication, and how to display appropriate public behavior. One Friday each month we will play host to you and your friends with this favorite weekend activity.

Please note time change.

Summer Session

Ages: 15 and older
Day: Friday
Dates: June 23, July 14 & Aug 11
Time: 6:00 – 8:30 p.m.
Location: Clifton Center
Min/Max#: 5/20
Code: MPS06
Fee: City Resident \$10 • Non-Resident \$15

Hoppy Saturday-

Family-Oriented

(Siblings welcome!)

NEW!!! Check out this inclusive opportunity for the younger members of your family! This program is for children ages 5 – 12. It is designed to bring children with disabilities together with their siblings for fun recreational activities. Children will have the opportunity to participate in games and crafts related to the theme for each Saturday. Parents are welcome to stay and join in the fun or just take the opportunity to talk to other parents.

This program is all about celebrating spring! The children will color eggs, make baskets, have an egg hunt, play games, and feast on snacks and drinks. This is a great inclusive opportunity for children to interact together and increase their social skills.

Ages: 15 -12
Date: Saturday, April 8
Time: 1:00 – 4:00 p.m.
Location: College Hill Center
Min/Max#: 5/15
Code: SSA06
Fee: City Resident \$10 • Non-Resident \$15
Up to 4 family members \$35
Registration Deadline: Friday, March 31

Outings

La Comedia Dinner Theatre

La Comedia is one of the nation's largest dinner theatres, featuring spectacular Broadway shows and fine dining! We will venture by van to Springboro, OH for a night of elegance, so be sure to wear a nice outfit! Dinner is included in the prices listed below. Extra money will be needed for sodas and gratuity for your meal. Appropriate social etiquette and money management skills will be encouraged.

Ages: 18 & older
Date: Saturday, March 25
Time: 4:30 – 11:30 p.m.
Location: La Comedia Dinner Theatre
Min/Max#: 5/25
Code: LCW06 Pick up at Dunham (Allen House)
LCE06 Pick up at Oakley
Fee: City Resident \$43 • Non-Resident \$45 • Staff/Aide \$41
Registration Deadline: Friday, March 17

BB Riverboat Cruise

Climb aboard for a 2-hour cruise featuring games, entertainment, and a delicious buffet! Enjoy the beautiful view of the Ohio River and the landscape surrounding our city. This is a great inclusive opportunity for the participants to interact with other teens/adults and increase their social skills.

Ages: 16 & older
Date: Saturday, April 1
Time: 10:30 a.m. – 3:00 p.m.
Location: Belle of Cincinnati (Covington Landing)
Min/Max#: 5/25
Code: BBW06 Pick up at Dunham (Allen House)
BBE06 Pick up at Oakley
Fee: City Resident \$28 • Non-Resident \$30 • Staff/Aide \$27
Registration Deadline: Friday, March 24

Overnight Camping Trip

Join us for a fun camping experience at Winton Woods Adventure Outpost! Participants will hike, play games and prepare meals in the great outdoors. The evening will include a campfire and tasty S'mores! Participants will fall off into a dreamy sleep in cabins under the stars. New leisure skills will be learned and social skills will be practiced.

Please Note: Individuals attending this trip must be able to dress, eat meals, prepare for bed and sleep independently.

Ages: 18 & older
Dates: Saturday, April 8 – Sunday, April 9
Location: Drop-Off is on Saturday at 9:00 a.m., at the Clifton Community Center Parking Lot
Pick-Up is on Sunday at 11:00 a.m., at the Clifton Community Center Parking Lot
Min/Max#: Limited to 10 females and 10 males due to cabin sleeping spaces
Code: OCT06
Fee: City Resident \$45 • Non-Resident \$50
Registration Deadline: Friday, March 24

Hangin' with the Teens

Putt N Fun and Dessert

If you enjoy playing a round of miniature golf, navigating your way through a human maze, or showing off your bank shot, then this is the outing for you! Come join us for an evening of fun and games and a sweet treat as we venture our way to Putt N Fun in Milford, OH. Participants will have the opportunity to improve skills such as socialization, communication, and how to display appropriate public behavior.

Ages: 13 – 18
Date: Friday, May 19
Time: 6:00 – 9:30 p.m.
Location: Putt N Fun, Milford, OH
Pick-Up Location: Clifton Recreation Center
Min/Max#: 5/15
Code: PFT06
Fee: City Resident \$15 • Non-Resident \$20 • Staff/Aide \$8
Registration Deadline: Friday, May 12

Danbarry Dollar Saver and Johnny Rockets

Come join us for a fun Friday evening of movies and burgers! We'll catch a movie at the Danbarry Dollar Saver at Cincinnati Mills, and then have dinner at Johnny Rockets. Participants will have the opportunity to improve skills such as socialization, communication, and how to display appropriate public behavior.

Ages: 13 – 18
Date: Friday, July 14
Time: 5:30 – 9:30 p.m.
Location: Cincinnati Mills – Danbarry Dollar Saver
Pick-Up Location: Clifton Recreation Center
Min/Max#: 5/15
Code: DBJR06
Fee: City Resident \$15 • Non-Resident \$20 • Staff/Aide \$8
Registration Deadline: Friday, July 7

Special Opportunities

Inclusive Programs for 50+

The Therapeutic Recreation Division is working with the Senior Division to include individuals with disabilities and/or arthritis into all CRC programs. CRC's Senior Division provides services for individuals who are 50 or older. Please call Terry at (513)352-4015 for more information.



Summer Adventures for All Kids

***Including children with disabilities • An expo for families
Goodbye, “Boring” – Hello, “Exploring”!***

This event puts families in touch with local vendors throughout Southwest Ohio who offer summer activities covering science, sports, art, therapy, camping, and much more! Sponsors include Butler, Clermont, Hamilton and Warren Counties, and the Southwest Ohio Special Education Regional Resource Center. Visit their website at www.swoserrc.org (Look for hotlink to SUMMER ADVENTURES EXPO) or call (513)794-3311 ext. 7400.

Date: Saturday, March 18
Time: 11:00 a.m. – 4:00 p.m.
Location: Cincinnati Mills

NEW! "COUNT ME IN" Puppetry Program



For the past four years, The Division of Therapeutic Recreation has been providing a disability awareness program for the children at our community centers. This program was designed to help foster a climate of acceptance for children with disabilities who participate inclusively in CRC day camp programs. As we expand our efforts, we are always searching for new ways to implement the program.

In June of 2005, TR applied for a grant from the CVS/pharmacy Charitable Trust for the purchase of a puppetry kit designed by The Pacer Center in Minneapolis, Minnesota. The COUNT ME IN Puppetry Program is a disability awareness project which teaches inclusion and disability awareness through puppet shows.

On November 1, 2005, The Cincinnati Recreation Commission Foundation was awarded a grant in the amount of \$7,000 from the CVS/pharmacy Charitable Trust for the purchase of the puppetry kit! We will begin featuring the puppets at our recreation centers in the summer of 2006. The kit contains 8, 3-foot-tall

puppets who will portray youngsters from diverse backgrounds with a variety of disabilities. This program seeks to foster positive attitudes and promotes easier integration between children with disabilities and children without disabilities in schools and communities. We are very excited about the impact that this program will have on promoting inclusion and disability awareness in our communities!



If you are interested in learning more about the COUNT ME IN Puppetry Program, please call Stephanie at (513)352-4055!

CVS/pharmacy
CHARITABLE TRUST

Cincinnati Recreation Commission
Foundation

Investing Today. Strengthening Tomorrow.

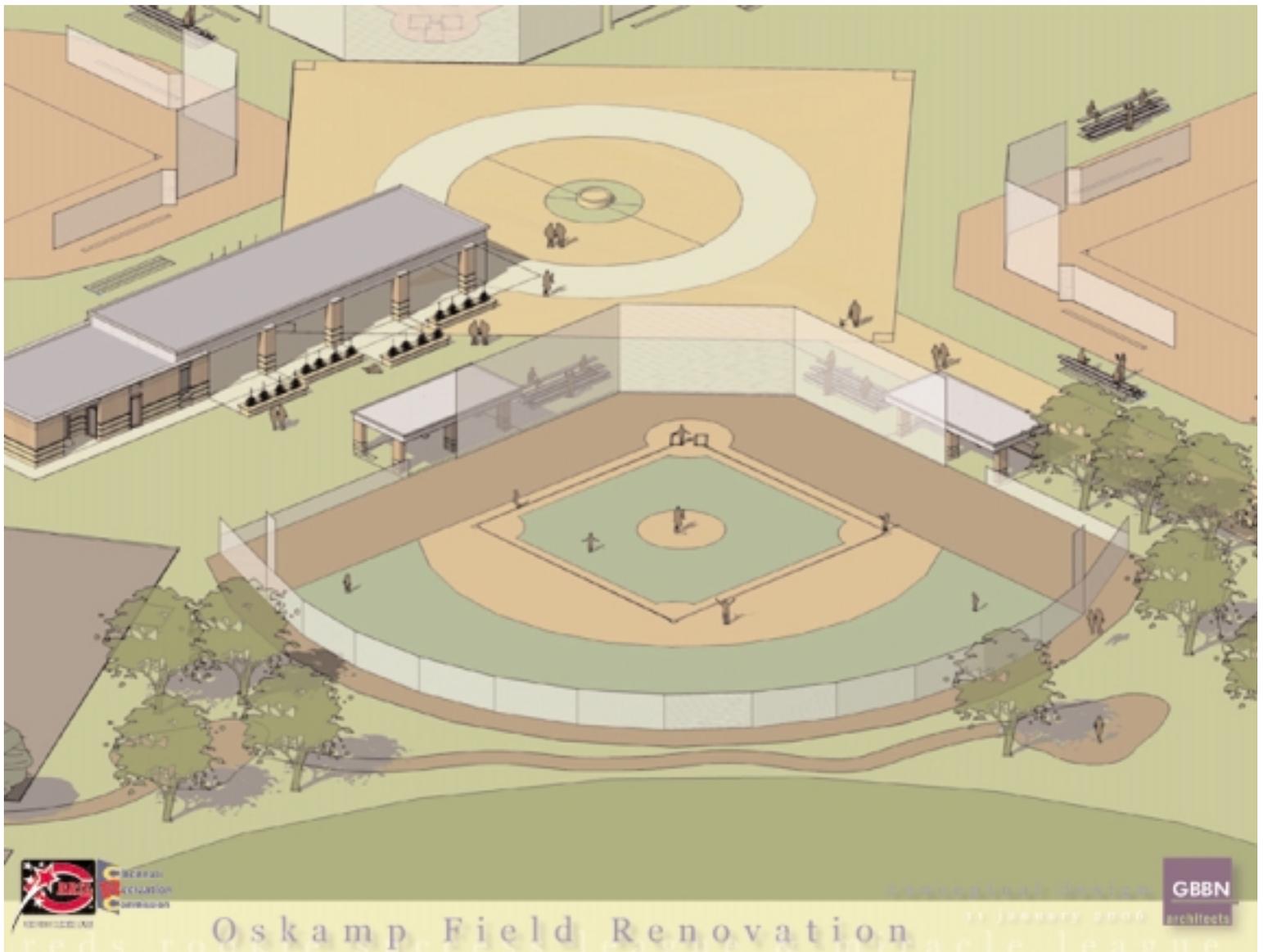
Miracle League Vision

CRC's Adapted Baseball program began in 1986. In the fall of 2004, the CRC Division of Therapeutic Recreation decided to join the Miracle League and locally become the Miracle League of Greater Cincinnati. The national association is made up of communities across the country that sponsor baseball programs for children with disabilities. CRC's Adapted Baseball program had much in common with the Miracle League and its belief that every child deserves a chance to play baseball.

The Miracle League's mission is to:

- Provide opportunities for children with disabilities to play Miracle League baseball, regardless of their abilities.
- Promote community support and sponsorship of Miracle Leagues.
- Promote the construction of special facilities which meet the unique needs of Miracle League players and their families.

In the spring of 2005, the Miracle League of Greater Cincinnati, the Cincinnati Recreation Commission and the Cincinnati Reds Community Fund began working together in the hopes of building a synthetic turf field to support the needs of the Miracle League. We are going to build a field that will be part of a bigger complex and will have children with and without disabilities playing baseball in the same park!



Support Information

TR Wish List

Adapted Archery
Equipment

Portable Basketball Hoop

Exercise Equipment

Portable DVD/

VHS Television

Art Supplies

Books

Puzzles

Large Radio with

CD Player

Laptop Computer

Handheld Games

(i.e. Gameboy, Leapster, ect.)

Digital Camera

Timers

Sensory Toys

Switch Toys

Support Our Services!

The Division of Therapeutic Recreation provides several opportunities for you to show your support for the services we provide to the community. Without the support of our constituents, our programs and services are limited. If you are committed to pledging your support to the programs and services provided by the Division of Therapeutic Recreation, we ask that you explore one of the opportunities listed below:

Sponsorship – TR implements many programs for a variety of populations (ages and disabilities). We offer several special events throughout the year that businesses, corporations and organizations could choose to provide sponsorship for. As a potential sponsor, you would receive additional recognition for the funding provided for a special event.

Donations – Financial or in-kind donations are always welcome! Contributions made to the Cincinnati Recreation Commission Foundation are tax deductible to the fullest extent of the law. The CRC Foundation is a 501c3 non-profit organization whose purpose is to aid and improve the quality of life for Cincinnati citizens. These tax-deductible donations give the Foundation an opportunity to supplement current services and to provide an immediate impact to the City of Cincinnati. By donating to the Cincinnati Recreation Commission Foundation, you are able to identify what you would like the funds to be spent on. If you are interested in making a monetary donation to the Division of Therapeutic Recreation, please make checks payable to the Cincinnati Recreation Commission Foundation. Checks should be mailed to 805 Central Avenue, Suite 800, Cincinnati, Ohio 45202. Please specify you are making a donation to the Therapeutic Recreation Division. For more information, please call Stephanie at (513)352-4055.

Please Volunteer!

The Therapeutic Recreation Division needs volunteers to assist our staff with programming! There are many opportunities to volunteer! Whether it's an ongoing program or a special event, we are always in need of assistance to provide individualized attention to those we serve.

Immediate opportunities include:

The Cincinnati Wheelchair Games, Miracle League of Greater Cincinnati, Summer Day Camp, Wheelchair Tennis, Reds Rookie Success League, Wheelchair Football, and dances. Volunteers must be at least 13 years of age. Please call Karen at (513)352-4056 if you would like more information on volunteer opportunities.

Thank You to Our Sponsors

In these days of budget crunching, we want to take the time to send a sincere thanks out to those individuals and organizations that provide sponsorship and funding to the Division of Therapeutic Recreation. Many of our current programs could not be implemented without the financial assistance of the following individuals and/or organizations:

City of Cincinnati
Cincinnati Recreation Commission
Foundation

United States Golf Association
Foundation

CVS/pharmacy Charitable Trust
Billy Casper Golf

Kid Glove

Ohio Valley Tennis Association

Spina Bifida Association
Hamilton's Assistive Technology
Margaret Hardey Trust

UTSA Midwest Section
Byron Trapp

Push America

Queen City Racquet Club

Western Southern Financial Services /
Tennis Masters Series

VanDyne Crotty
D.A.G. Construction
Elder High School

Rohm and Haas

Xavier University Occupational
Therapy Program

Ellen and Robert Rinsky

Don and Leota McOsker

Chris Ward

Other Recreational Resources in the Community

Special Olympics ~ Special Olympics offers a variety of sport opportunities throughout the year. For spring and summer they will be featuring bowling programs, unified softball leagues, unified golf and youth sports programs. Summer bowling leagues will run from early June through August at locations across the city. The unified softball league is a competitive league, therefore, athletes must know how to play softball. Unified golf takes place at Meadow Links Golf Course on May 12. There will also be westside instructional sports programs to learn the skills of baseball and softball. For more information about these programs sponsored by HCSO, please call (513)271-2606 or visit their website at www.hcso.info.

Cincinnati Therapeutic Riding and Horsemanship (CRH) ~ CRH is located in Milford, OH and operates under the rules and regulations of the North American Riding for the Handicapped Association (NARHA). They have been an accredited center since 1985. Classes are an hour in length. In that time period the rider participates in grooming the horse, tacking the horse, mounting exercises on horseback, an activity related to a skill which is used in a game on horseback, dismounting, untacking, and cleaning and putting the saddle and bridle away. Full advantage of the work around the horse is taken as a multi-sensory experience. You should expect the mounted riding time to be 30 – 40 minutes. The spring riding session will begin in March 2006. For more information, visit their website at www.crh-horse.org.

Starfire ~ Starfire hosts social and service outings that enable teens, young adults and adults with disabilities to gain social skills, develop friendships and become connected to the community. Approximately 80% of the programs are offered in the evening and on the weekend during prime social times. In addition, Starfire offers an alternative day program that is focused on interaction in the community. For more information about Starfire's programs, please call (513)281-2100 or visit www.starfirecouncil.org.

Evening Stars – Fellowship Baptist Church ~ "Evening Stars", a ministry of Fellowship Baptist Church in Maineville, provides no-cost respite services once a month for families that have a child with a disability and their siblings. Families do not have to be church members to participate. The Evening Stars program is held the fourth Friday of every month from 6:00 p.m. to 9:30 p.m. The goal is to provide a ratio of 1:1 childcare for children with a disability in a structured program that includes free play, crafts, snack time, and special activities (like puppet shows), adapting to the individual needs of the child as required. For more information or a respite care application, please call Liz Ottke at (513)899-3159.

Recreation Unlimited ~ Recreation Unlimited provides year-round programming options to individuals with physical and/or developmental disabilities, as well as facility leasing opportunities to interested groups. For more information about Recreation Unlimited, please call (740)548-7006 or e-mail to info@recreationunlimited.org.

Trivel USA ~ Trivel USA is a distributor of adaptive mobility tricycles located in Cincinnati, Ohio. Trivel USA is able to provide the highest quality products at the best possible prices. Orders placed through Trivel USA are custom-built in the Trivel manufacturing facilities and shipped fully assembled to the customer. Trivel Inc. has manufactured adaptive mobility products for over eight successful years and is now marketing, selling and distributing their expertise and products in the United States for the first time. Through its partnership with Trivel USA, Trivel is making available a full product line of mobility devices targeted to those with disabilities that have, in the past, not been able to participate in physical activity through cycling. Trivel USA provides a worry free product with a one year warranty on all products sold. Product support and assistance is available. Contact info: Michele Sumnar, PT., Business Phone: (877)335-2486, Direct: (859)514-5028, Fax: (859)514-5187, and e-mail: msumnar@trivelusa.com.

Jumping Jacks and Jills ~ Jumping Jacks and Jills is an exercise program for individuals with autism, their peers, and siblings. The goal of the program is to improve the cardiovascular and fitness health of individuals with autism, while maintaining a focus on developing relationships, increasing social skills, and teaching a variety of recreation and leisure skills and activities. The program is held at the Lyons YMCA in Anderson Township. For more information, please call Christi at (513)678-8116.

Child Wellness Fair and Community Fund ~ Help us help special needs kids in addressing "Quality of Life" needs. Child Wellness Community Fund's Second Home program includes the facilitation of Medical Home accessibility through the donation of medical equipment. A Daycare and Preschool for medically-fragile kids is opening soon! Get your child's reservation in now! Go to www.childwellnessfair.com to learn more.

Guidelines for Participants, Parents, and Guardians

Prior to participating in any TR program, each participant must submit a current Program Registration Form, complete with participant/parent/guardian signature, to the Therapeutic Recreation Office. Please include all information requested to help the TR staff take appropriate precautions when planning the program. It is essential that we have a phone number where the parent/guardian can be reached during the program hours.

The TR staff members are not responsible for the supervision of participants before or after the designated program times. The TR staff members are not responsible for providing transportation from the center to the participant's home at the conclusion of the program. Participants using ACCESS transportation must schedule drop-off/pick-up times within the designated program times.

If someone other than the parent/guardian will be picking up a participant at the conclusion of the program, advance written notification must be given to the program director.

A late pick-up fee of \$5 for each quarter hour will be assessed to any parent/guardian late in picking up the participant at the conclusion of the program.

The following guidelines are used in managing behavior:

The TR staff members are instructed to use positive reinforcement and to provide a structured program in order to minimize negative behaviors. If negative behavior should occur, a brief time-out is the approved method of behavior management. If a behavior plan has been developed, or if you have specific techniques used at home, please inform the TR staff so we may support your efforts.

If, in the opinion of the TR staff, a participant becomes unmanageable and potentially dangerous to themselves or others, the parent/guardian will be contacted to take the participant home. If a participant leaves the program site during program hours and the TR staff are unable to return the participant without risk of injury, the parent/guardian will be contacted to take the participant home. If the parent/guardian is unable to be reached or does not respond quickly, the TR staff may be required to call for police assistance.

Staff members who are trained/certified in Non-Violent Crisis Intervention (CPI) will intervene in the management of aggressive behavior with participants enrolled in our programs. A participant who becomes physically aggressive with others in the program setting may be subject to specific "holds" designed to physically control aggressive individuals. These holds are non-aversive and are only used as a last resort (if the participant has become a danger towards themselves or others).

For participants with specific health/medical issues:

Due to the physical requirements of some activities, participants with certain health or medical conditions may be asked to provide a physician's written consent prior to participation.

For participants requiring medication during program hours, a medication waiver form must be completed and submitted prior to the TR staff assisting with the administration of medication.

Guidelines for Residential Agencies:

If a group of four or more participants from a specific agency attend a TR program, we request that a staff member from the agency attends the program and assists the TR staff in leading the activities. In the event your agency will not be attending a program for which you have registered, please notify the TR office in advance. If the decision not to attend is made late, please notify the center where the program is to be held to inform TR staff.

An agency may send an unregistered participant to a program in place of a registered participant if a Program Registration Form for the new participant has been submitted to the office and we are given advance notification of the substitution.

Agency staff attending events or outings must provide the necessary payment for meals and/or admission fees (see Registration for All Therapeutic Recreation Programs).

Registration For All Therapeutic Recreation Programs

- **Complete the Program Registration Form (insert page 15 & 16).** List the program code, name, location and fee for each program you plan to attend. Please indicate your residency status by checking the appropriate box (refer to the Zip Code Directory For City of Cincinnati Corporate Limits). If you are a non-resident paying Cincinnati taxes, please attach verification of Cincinnati tax payment to be eligible for the resident fee.
- **Mail or bring the completed form with a check or money order** to the Cincinnati Recreation Commission, Therapeutic Recreation, 805 Central Ave., Suite 800, Cincinnati, OH, 45202. Please be sure to submit the fee that corresponds with your city residency status. Make check or money order payable to the Cincinnati Recreation Commission. There is a \$15 fee for any dishonored check submitted. Program registration will not be accepted without program payment. The program registration form must be received in the administrative office (805 Central Ave.) before the participant may attend the program. The Participant/Parent/Guardian release must be signed prior to participation.
- **You may register in-person at our administrative office.** Phone-in registrations are not accepted. Please continue to call us for information about programs or if you need help with registration.
- **We do not send confirmation of registration.** If the program has reached capacity or your registration is unable to be accepted for another reason, you will be notified and payment refunded. Please note the registration deadlines for each program! Registrations will not be accepted after the deadline.
- **Refunds of program fees are considered** if the program is cancelled or filled to capacity, if the participant has a verified medical reason, or, in the opinion of the TR staff, the placement is inappropriate.
 - Refunds for dances are given if we are notified a minimum of 24 hours before the event.
 - Refunds for the outings are given only if we are notified a minimum of one week before the outing.

Additional Notes For Dance Registration:

Our dances require advance registration due to group rates and meal preparation. Please note the registration deadlines for the Spring Fling and Parrot Head Dances. These dances may fill to capacity prior to the registration deadline, so it's best to register early if possible! Staff/aids are very welcome to attend, however it is imperative that we are notified of their attendance at the time of their participant's registration.

Additional Notes For Summer Day Camp Registration

- **Divided Payments - If you would prefer to pay the camp program fee in installments, you may do so as follows:**
 - Submit a deposit of \$100 with your registration form.
 - Second payment of \$90 (city resident), \$130 (non-resident) is due by June 24.
 - Third payment of \$80 (city resident), \$120 (non-resident) is due by July 15.
 - Fourth payment of \$80 (city resident), \$110 (non-resident) is due by August 5.

Family Resource Services

Many of our camp participants receive financial assistance through the Family Resource Services – (513)821-2128. If you plan to apply for assistance through the Family Resource Services, please indicate (attach a note) with your program registration form. **Please Note: Parents/Guardians using Family Resource vouchers are still required to include the \$100 deposit with their program registration form.**

Partial Attendance

Registration priority is given to participants paying the full amount. Registration for participants attending less than the entire session (not less than four weeks) will be considered after May 30 if openings exist. A pro-rated fee will be determined.

Additional information and forms will be mailed to you prior to the start of camp.

See page 17 for the Zip Code Directory & City of Cincinnati Corporate Limits information.



Therapeutic Recreation
 805 Central Avenue, Suite 800
 Cincinnati, OH 45202
 Phone: 513.352.4028
 Fax: 513.352.1605
 www.cincyrec.org

Therapeutic Recreation

~ Program Registration Form ~

Please complete the front and back of this form by providing us with the information that has been requested. For legibility purposes, please print all information that you provide. Return this form with a check or money order made payable to **Cincinnati Recreation Commission**. Registration Forms and payment may be mailed or delivered to The Cincinnati Recreation Commission (address above). For additional information, please call us at (513)352-4028.

Participant Information

Client ID Number (from mailing label): _____

First Name	Last Name	Date of Birth	Age	Gender
Street Address		City	State	Zip Code
Home Phone	Alternate Phone(s) - other than home		E-Mail Address	
Parent/Guardian Name		Relationship	Phone Number(s)	
Parent/Guardian Name		Relationship	Phone Number(s)	
Emergency Contact Name (other than parent)		Relationship	Phone Number(s)	
Group Home Agency		Contact Name	Phone Number(s)	

Are you a new participant? Yes No If yes, how did you hear about us? _____

Disabling Condition

Please identify the participant's disabling condition. Circle all that applies to the participant and/or write in any disabling condition not listed.

Amputation	Cerebral Palsy	Mental Illness	Spinal Cord Injury -
Arthritis	Childhood Disintegrative Disorder	Mental Retardation: Mild – Moderate – Severe	Injury Level: _____
Asperger Syndrome	Down Syndrome	Muscular Dystrophy	Vision Impairment -
Attention Deficit Disorder	Head Injury	Multiple Sclerosis	Blind – Low Vision - Other
Autism	Hearing Impairment / Deaf	Rett's Syndrome	Other: _____
Behavioral Disorder	Learning Disability – Type _____	Spina Bifida	_____

Does the participant walk independently? Yes No
 If not, what type of assistance is required? Wheelchair Walker Other (please specify) _____

Does the participant eat independently? Yes No
 If not, what type of assistance is required? _____

Does the participant dress independently? Yes No
 If not, what type of assistance is required? _____

Does the participant use the bathroom/toilet independently? Yes No
 If not, what type of assistance is required? _____

Does the participant communicate through speech? Yes No Use Boardmaker? Yes No
 If not, what type of communication is used? _____

Additional information that would assist in programming for the participant: _____
 over

Medical Information

Please circle all that apply to the participant:

Allergies (specify below)	Catheter	Hearing Aid	Scoliosis
Arthritis	Diabetes	Heart Condition	Shunt
Asthma	Diet Restriction	Hemophilia	Tracheotomy
Atlantoaxial Subluxation	Ear Tubes	High Blood Pressure	Other: _____
Braces	Glasses	Prosthesis	_____

Please provide specific information for medical conditions we should be aware of (allergies, activity restrictions, etc.):

Does the participant have seizures: Yes No

If yes, what type? Grand Mal Petit Mal Other _____

If yes, how often does the participant have seizures? _____ Date of last seizure: _____

Please identify the type, dosage and time of any medication the participant is currently taking:

Medication	Type _____	Dosage _____	Time _____
	Type _____	Dosage _____	Time _____
	Type _____	Dosage _____	Time _____

Program Information

The program fees vary according to residency in or outside of the City of Cincinnati. Please indicate with an "x" which one of the following applies. Please see the Zip Code Directory included in this booklet if you are unsure of your status.

Cincinnati Resident Non-Resident Non-Resident, pay Cincinnati taxes (attach verification)

Program Code	Program Name / Location / Preferred Swim Time	Fee
		\$
		\$
		\$
		\$
		\$

*Please remember to register staff/aids for each program, if applicable!
Interested in making a donation? See page 12 for more information!*

Total Amount Enclosed \$

* What type of transportation does the participant have?

Self Parent/Guardian Metro Group Home Staff Access - I.D.# _____

Participant / Parent / Guardian Release

As a participant or as a parent/guardian of the participant in this program, I recognize that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss resulting from participation in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have, as a result of my or my son's/daughter's participation in the program, against the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers. I do hereby fully release and discharge the Cincinnati Recreation Commission, City of Cincinnati and their agents, employees, staff and volunteers for any and all claims from injuries, damage or loss which I have or which may accrue to me on account of my son's/daughter's participation in the program. I further agree to protect, defend and hold harmless the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers from any and all claims resulting from injuries, damage or losses sustained by myself or my son/daughter or arising out of, connected with, or in any way associated with the activities of the program. I have read and fully understand this release form. **Before registration in this program(s) is valid, this release form must be signed by the participant or the participant's parent or legal guardian.**

Signature of Participant / Parent / Guardian _____ Date _____

Multi-Media Release

I, the undersigned, hereby authorize the Cincinnati Recreation Commission to utilize photographs, videotapes, voice recordings, etc. of the participant to be used exclusively for promotion, advertising and marketing of the Cincinnati Recreation Commission and its programs.

Signature of Participant / Parent / Guardian _____ Date _____

Cincinnati Recreation Commission

FACILITY DIRECTORY

CRC Recreation Centers

CRC INFOLine (513)352-4000

Bond Hill	1501 Elizabeth Pl. (37)	242-9565
Bush	2640 Kemper Ln. (06)	281-1286
Camp Washington	1201 Stock St. (25)	681-6046
Carthage	19 E. 72nd St. (16)	821-2954
Clifton	320 McAlpin Ave. (20)	961-5681
College Hill	5545 Belmont Ave. (24)	591-3555
Corryville	2823 Eden Ave. (19)	221-0888
Dunham Complex	4356 Dunham Ln. (38)	251-5862
Evanston	3204 Woodburn Ave. (07)	861-9417
Hartwell	8275 Vine St. (16)	821-5194
Hirsch	3630 Reading Rd. (29)	751-3393
Kennedy/Woodford	6065 Red Bank Rd. (13)	631-5625
LeBlond	2335 Eastern Ave. (02)	281-3209
Lincoln	1027 Linn St. (03)	721-6514
Madisonville	5320 Stewart Rd.	271-4190
McKie	1655 Chase Ave. (23)	681-8247
Millvale	3303 Beekman St. (25)	352-4351
Mt. Auburn	270 Southern Ave. (19)	381-1760
Mt. Washington	1715 Beacon St. (30)	232-4762
North Avondale	617 Clinton Springs Ave. (29)	961-1584
Oakley	3882 Paxton Ave. (09)	321-9320
Over the Rhine	1715 Republic St. (10)	381-1893
Pleasant Ridge	5915 Ridge Rd. (13)	731-7894
Price Hill	959 Hawthorne Ave. (05)	251-4123
Sayler Park	6720 Home City Ave. (23)	941-0102
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109
Winton Hills	5170 Winneste Ave. (32)	641-0422

TR Program Locations

Bicentennial Commons at Sawyer Point	801 E. Pete Rose Way (03)	352-6180
Clifton Center	320 McAlpin Ave. (20)	961-5681
College Hill Center	5545 Belmont Ave. (24)	591-3555
Dunham Center	4356 Dunham Ln. (38)	251-5862
Lunken Playfield	4750 Playfield Ln. (26)	321-1772
Madisonville Center	5320 Stewart Rd. (27)	271-4190
Mt. Auburn Center and Pool	270 Southern Ave. (19)	381-1760
Mt. Washington Center	1715 Beacon St. (30)	232-4762
Oakley Center	3882 Paxton Ave. (09)	321-9320
Pleasant Ridge Center	5915 Ridge Rd. (13)	731-7894
Reeves Golf Course	4750 Playfield Ln. (26)	321-2740
The Grove	9158 Winton Rd. (31)	931-4255
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109

Pools - Indoor Deep Water

Krueck	270 W. McMillan St.	861-4169
Mt. Auburn	270 Southern Ave.	381-6780
Over the Rhine	1715 Republic St.	381-1893
Western Hills	2144 Ferguson Rd.	244-8770

Golf Courses

Avon Fields	4081 Reading Rd.	281-0322
California	5920 Kellogg Ave.	231-6513
Dunham	1951 Dunham Way	251-1157
Glenview	10965 Springfield Pike	771-1747
Neumann	7215 Bridgetown Rd.	574-1320
Reeves	4747 Playfield Ln.	321-2740
Woodland	5820 Muddy Creek Rd.	451-4408

* All zip codes are prefix 452

* All phone numbers are area code 513

www.cincyrec.org

Send us your e-mail address & take advantage of our e-mail announcements!

To cut costs we will no longer be mailing flyers to promote upcoming events. We will be taking advantage of the current technology and will send e-mail announcements.

The announcements will include valuable information about upcoming programs and "spontaneous" events.

You can also check out our website @ www.cincyrec.org for up-to-date program information.

If you are interested in being on our e-mail distribution list, please call Terry Mongenas at (513)352-4015, or send her an e-mail to terry.mongenas@cincinnati-oh.gov.

Cincinnati Recreation Commission

Denise M. Driehaus, President

Kazava Smith, Vice President

Roscoe A. Fultz

Daniel J. Gilday

Florence M. Newell, Ed.D.

James R. Garges, CPRP, Director

Zip Code Directory / City of Cincinnati Corporate Limits:

The Therapeutic Recreation program fees vary according to residency:

Zip Codes Entirely Within City Limits:

01, 02, 03, 06, 10, 14, 19, 20, 21, 23 (with exception of portions of Shepherd Creek and Shepherd Rd.), 25, 26, 28, 32

Zip Codes Entirely Outside City Limits:

18, 36, 40, 41, 42, 43, 44, 45, 46, 47

Zip Codes Partly In and Out of City

Limits: 04, 05, 07, 08, 09, 11, 12, 13, 15, 16, 17, 24, 27, 29, 30, 31, 33, 37, 38, 39, 48